Curriculum for the
2028 – 2030 Cohort

Transilvania University of Brașov

Master's Degree Study Programme	MUSIC THERAPY
Fundamental Field	Humanities and Arts
Master's Degree Study Field	Music
Faculty	Faculty of Music
Duration of Studies:	2 years
Mode of Study:	Full-time (IF)
Type of Master's Study Programme:	

PROGRAM DESCRIPTION

The Master's Programme in ***Music Therapy*** is offered within the fundamental field of ***Music*** and is grounded in the undergraduate fields of ***Music, Psychology, and Medicine.***

Purpose of the master's degree programme: to deepen part of the disciplines studied in the field of undergraduate studies through an interdisciplinary approach, to acquire complementary competencies in other fields, and to develop students' ability to conduct scientific research.

This master's programme is offered as an argument in support of the need to train, in Romania, specialists in the interdisciplinary field of music therapy, capable of understanding and using music as a complex psychotherapeutic means, both for encouraging positive changes in human behaviour and for the treatment of physical, mental or emotional conditions.

Music therapy is included in the educational offer of dozens of universities across Europe and throughout the world. Unique in Romania, the master's degree programme in Music Therapy, taught in English, offers graduates, through its interdisciplinary specificity, numerous possibilities for professional activity and for approaching the teaching process in accordance with contemporary education, compatible with the educational requirements of the European Union.

Occupations targeted by the programme:
265207 – Music Illustrator (Ilustrator muzical),
265256 – Music Consultant (Consultant muzical),
265255 – Music Documentalist (Documentarist muzică)
2269.9.4 – Music Therapist (Terapeut muzical, ESCO: Music Therapist)

Language of instruction: **English.**

1. LEARNING OBJECTIVES AND COMPETENCES

General Objective:

The general objective of the programme is to ensure that students acquire the competences required to select, combine, and appropriately apply knowledge, skills, values, and attitudes to use the therapeutic effects of music. This process supports the development of an individual perspective on the human psyche, grounded in the analysis of therapeutic methods and techniques used in individual and group Music Therapy.

The competence profile developed in accordance with the needs identified on the labour market and with the National Qualifications Framework, together with the learning outcomes associated with these competences, is presented synthetically below. A detailed presentation of these competences and learning outcomes is provided in the course syllabi included in the curriculum.

Professional Competences and Learning Outcomes:

PC1. Identifies the Characteristics of Music

The graduate identifies the elementary, structural, and stylistic characteristics of music from different periods and cultures.

Learning Outcomes

1.1. Knowledge

L.O. 1.1.1 The graduate collects, organises, and provides a reasoned interpretation of the theories, concepts, and principles underlying musical notation, including music reading and writing.

L.O. 1.1.2 The graduate demonstrates an understanding of knowledge in the fields of music theory and history, psychology, and medicine, and applies intercultural principles in interactions and critical analyses.

L.O. 1.1.3 The graduate integrates interdisciplinary knowledge in the evaluation of musical works required for Music Therapy.

1.2. Skills

L.O. 1.2.1. The graduate develops critical skills for the analysis and evaluation of musical works from different stylistic periods, in order to acquire a comprehensive understanding of cultural and artistic diversity.

L.O. 1.2.2 The graduate applies concepts of music theory in vocal and/or instrumental performance.

L.O. 1.2.3 The graduate writes short descriptive or analytical papers on the musical excerpts studied and uses digital tools and applications to create or edit simple musical content.

1.3. Responsibility and Autonomy

L.O. 1.3.1. The graduate autonomously analyses and evaluates the correspondence between the musical text and its sonic realisation, across a range of repertoire and styles specific to different historical periods.

L.O. 1.3.2. The graduate assumes responsibility for individual preparation and for participation in group musical activities.

PC2. Working Effectively with Diverse Personality Types

Demonstrates flexibility and the ability to work with a wide range of personality types.

Learning Outcomes

2.1. Knowledge

L.O. 2.1.1. The graduate knows the main personality typologies and their associated behavioural characteristics.

L.O. 2.1.2. The graduate understands the impact of individual differences on team dynamics and collaboration.

L.O. 2.1.3. The graduate has knowledge of communication techniques adapted to different personality styles.

2.2. Skills

L.O. 2.2.1. The graduate applies effective interaction strategies according to the personality of the interlocutor.

L.O. 2.2.2. The graduate adapts their own working style in order to collaborate effectively with different individuals.

L.O. 2.2.3. The graduate resolves conflicts or tensions arising from personality differences in a constructive manner.

2.3. Responsibility and Autonomy

L.O. 2.3.1. The graduate demonstrates flexibility in professional relationships, maintaining an open and balanced attitude.

L.O. 2.3.2. The graduate assumes responsibility for maintaining a positive working environment in diverse teams.

L.O. 2.3.3. The graduate demonstrates autonomy in managing complex interpersonal relationships, constantly adapting to the needs of the group.

PC3. Uses Clinical Musical Improvisation in Therapy

Creates musical improvisations in response to the client's communication, to enhance the individual character of the therapist–client relationship. Uses instrumental, vocal, and movement-based improvisation to respond to the client's therapeutic needs.

Learning Outcomes:

3.1. Knowledge

L.O. 3.1.1. The graduate knows the fundamental principles of musical improvisation applied in therapeutic contexts.

L.O. 3.1.2. The graduate understands how musical expression reflects and influences the client's emotional states.

L.O. 3.1.3. The graduate knows various vocal, instrumental, and movement-based improvisation techniques used in therapy.

3.2. Skills

L.O. 3.2.1. The graduate improvises musically in real time in response to the client's nonverbal and musical expressions.

L.O. 3.2.2. The graduate adapts the type of improvisation, whether vocal, instrumental, or movement-based, according to the client's therapeutic needs.

L.O. 3.2.3. The graduate integrates musical expressiveness into the therapeutic process to strengthen the therapeutic relationship.

3.3. Responsibility and Autonomy

L.O. 3.3.1. The graduate assumes the initiative in creating a safe and creative framework for the client's expression through improvisation.

L.O. 3.3.2. The graduate manages their active role in musical improvisation with discernment, while maintaining focus on the client's needs.

L.O. 3.3.3. The graduate acts autonomously in choosing the appropriate musical means to support the therapeutic process.

PC4. Manages Personal Professional Development

Contextualises and evaluates their own professional practice.

Learning Outcomes:

4.1. Knowledge

L.O. 4.1.1. The graduate understands the importance of assuming responsibility for the improvement of professional competences and for continuing professional development.

L.O. 4.1.2. The graduate understands interdisciplinarity and cultural diversity and applies intercultural principles in interactions and critical analyses.

L.O. 4.1.3. The graduate demonstrates sensitivity and respect for cultural differences in academic and professional expression.

4.2. Skills

L.O. 4.2.1. The graduate analyses and interprets cultural manifestations in texts and communication from an intercultural perspective.

L.O. 4.2.2. The graduate integrates knowledge from psychology and medicine in the evaluation of musical materials used in therapy.

L.O. 4.2.3. The graduate develops the psycho-pedagogical interpersonal skills required in working with clients within the Music Therapy process.

4.3. Responsibility and Autonomy

L.O. 4.3.1. The graduate promotes respect for cultural differences in their research, educational, and communication activities.

L.O. 4.3.2. The graduate identifies priority areas for professional development through reflection on their own practice and through contact with peers and stakeholders.

PC5. Develops Therapeutic Relationships

Maintains the individual therapeutic relationship in order to activate the innate healing capacity of the person concerned, to establish active collaboration in the process of health education and healing, and to maximise the potential for healthy change.

Learning outcomes:

5.1. Knowledge

L.O. 5.1.1. The graduate knows the ethical and deontological principles applicable to the therapeutic relationship in Music Therapy.

L.O. 5.1.2. The graduate provides a reasoned account of the role of therapeutic communication and musical experiences in facilitating emotional expression, trust, and active participation in the therapeutic process.

L.O. 5.1.3. The graduate explains the ethical and professional principles governing the establishment, maintenance, and closure of the therapeutic relationship in Music Therapy practice.

5.2. Skills

L.O. 5.2.1. The graduate facilitates the active participation of the person in the therapeutic process.

L.O. 5.2.2. The graduate adapts relational strategies and Music Therapy interventions according to the clinical context and the beneficiary's sociocultural diversity.

L.O. 5.2.3. The graduate implements individualised Music Therapy interventions that make use of the therapeutic relationship.

5.3. Responsibility and Autonomy

L.O. 5.3.1. The graduate demonstrates professional responsibility in building and maintaining an ethical and effective therapeutic relationship.
L.O. 5.3.2. The graduate respects the autonomy, dignity, values, and diversity of beneficiaries at all stages of the therapeutic process.
L.O. 5.3.3. The graduate autonomously manages complex situations within the therapeutic relationship, within the limits of professional competence and in interdisciplinary collaboration when necessary.

Transversal Competences and Learning Outcomes:

TC1. Approaches Challenges Positively

Adopts a positive attitude and a constructive approach when facing challenges.

TC2. Shows Empathy

Demonstrates empathy in order to prevent any form of symbolic violence and isolation and to ensure increased attention to all individuals. The graduate must demonstrate the ability to understand different forms of verbal and nonverbal communication of emotions and sensory experiences.

TC3. Thinks Critically

Formulates and defends judgements based on internal evidence and external criteria. Critically evaluates the credibility and reliability of information before using it or communicating it to others. Develops independent and critical thinking.

TC4. Thinks Holistically

Takes into account indirect and long-term consequences in planning and decision-making. Considers the effects on other people, processes, and the environment and includes them in their own planning.

2. WEEKLY STRUCTURE OF THE ACADEMIC YEAR

Number of semesters: 4 semesters
Number of credits per semester: 30 credits
Number of teaching activity hours per week: 12–15
Number of weeks: 14

	Teaching Activities		Examination Sessions			Breaks		
	Semester I	Semester II	Winter	Summer	Resit Examinations	Winter	Spring	Summer
Year I	14	14	3	4	1	2	1	10
Year II	14	14	3	3	1	2	1	-

3. ENSURING FLEXIBLE LEARNING PATHWAYS. REQUIREMENTS

The flexibility of the study programme is ensured through elective courses and optional supplementary courses. Elective courses are offered in Semesters 1–4, through specialised course packages.

4. CONDITIONS FOR ENROLMENT IN THE FOLLOWING YEAR OF STUDY. CONDITIONS FOR PASSING A YEAR OF STUDY

Enrolment in the following year of study is conditional upon meeting the progression requirements set out in the Regulation on Students' Professional Activity. A course is considered passed if the student obtains a minimum grade of 5 (five).

Enrolment in the following year of study is conditional upon obtaining a minimum of 40 credits for the courses studied.

One of the two years of study may be repeated once.

Passing a year of study is conditional upon obtaining 60 credits. Admission to the dissertation examination is conditional upon obtaining the credits corresponding to the compulsory courses, namely 120 credits.

5. CONDITIONS FOR ATTENDING OPTIONAL SUPPLEMENTARY COURSES

In addition to compulsory and elective courses, the present Curriculum also includes optional supplementary courses.

6. REQUIREMENTS FOR OBTAINING THE MASTER'S DEGREE

The conditions for taking the dissertation examination are set out in the Methodology for the Completion of Studies, approved by the University Senate. According to this methodology, admission to the dissertation examination is conditional upon passing all courses included in the curriculum.

DISSERTATION EXAMINATION

1. Period for preparing the dissertation: Semesters 3–4;
2. Period for completing the dissertation: the last 3 weeks of the final year of study;
3. Period for taking the dissertation examination: June–July;
4. Number of credits awarded for the dissertation examination: 10 credits.

Transilvania University of Brașov
Faculty of Music
Master's Degree Programme**: Music Therapy**
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Duration of Studies: **2** years
Mode of Stdy: **Full-time**

YEAR I

No.	Courses by criterion: **Compulsory**	C_1**	C_2**	Semester I								Semester II							
				C	S	L	P	Pr	SI	V	Cr	C	S	L	P	Pr	SI	V	Cr
1	Introduction to Music Therapy I	SC	CPC	1	1	0	0	0	92	E	4								
2	Musical Cognition I	FC	CPC	1	1	0	0	0	122	E	5								
3	Contemporary Music Education I	FC	CPC	1	1	0	0	0	122	E	5								
4	Musical Improvisation in Therapeutic Practice I	CC	CPC	1	0	1	0	0	92	V	4								
5	Therapeutic Singing I	FC	CPC	1	1	0	0	0	92	E	4								
6	Specialised and Artistic Practice I	SC	CPC	0	0	0	0	2	92	V	4								
7	Personal Development within the Paradigm of Creative Psychotherapies II	FC	CPC									2	0	1	0	0	108	E	5
8	Musical Cognition II	FC	CPC									1	1	0	0	0	92	E	4
9	Fundamentals of Human Anatomy and Physiology II	CC	CPC									1	1	0	0	0	122	E	5
10	Active Music Therapy II	SC	CPC									1	0	1	0	0	92	V	4
11	Musical Improvisation in Therapeutic Practice II	CC	CPC									0	0	1	0	0	106	V	4
12	Specialised and Artistic Practice II	SC	CPC									0	0	0	0	2	92	V	4
Total				4	4	2	0	2	612	E C V 4 0 2	26	5	2	3	0	2	612	E C V 3 0 3	26
Total Teaching Hours per Week				12								12							

No.	Courses by criterion: **Elective**	C_1**	C_2**	Semester I								Semester II							
				C	S	L	P	Pr	SI	V	Cr	C	S	L	P	Pr	SI	V	Cr
1	Basic Concepts of Music Education I	SC	ELC	1	0	1	0	0	92	V	4								
1	Fundamentals of Musical Language I	SC	ELC	1	0	1	0	0	92	V	4								
2	Fundamentals of Musical Language II	SC	ELC									1	0	1	0	0	92	E	4
2	Medical Acoustics II	SC	ELC									1	0	1	0	0	92	E	4
Total				1	0	1	0	0	92	E C V 0 0 1	4	1	0	1	0	0	92	E C V 1 0 0	4

Total Teaching Hours per Week	2	2

No.	Courses by criterion: **Optional Supplementary**	C_1**	C_2**	Semester I									Semester II							
				C	S	L	P	Pr	SI	V		Cr	C	S	L	P	Pr	SI	V	Cr
1	Vocal Studies: Classical Voice / Jazz and Popular Music / Traditional Singing I	CC	OSC	0	0	1	0	0	46	V		2								
2	Chosen Instrument I	CC	OSC	0	0	1	0	0	46	V		2								
3	Ensemble: Popular Music / Traditional Music I	CC	OSC	0	0	1	0	0	46	V		2								
4	Vocal Studies: Classical Voice / Jazz and Popular Music / Traditional Singing II	CC	OSC										0	0	1	0	0	46	V	2
5	Chosen Instrument II	CC	OSC										0	0	1	0	0	46	V	2
6	Ensemble: Popular Music / Traditional Music II	CC	OSC										0	0	1	0	0	46	V	2
Total				0	0	3	0	0	138	E	C	V	6	0	0	3	0	0	138	E	C	V	6
										0	0	3								0	0	3	
Total Teaching Hours per Week				3									3							

Legend:

C_1* = *content criterion:* **FC** – Fundamental Courses **SC** – Specialisation Courses **CC** – Complementary Courses

C_2** = *requirement criterion:* **CPC** – Compulsory Courses **ELC** – Elective Courses **OSC** – Optional Supplementary Courses

SI = *individual study hours*

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Ministry of Education and Research
Curriculum valid for the academic year 2029-2030

Transilvania University of Brașov
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YEAR II

No.	Courses by criterion: **Compulsory**	C_1**	C_2**	Semester I								Semester II								
				C	S	L	P	Pr	SI	V	Cr	C	S	L	P	Pr	SI	Aint	V	Cr
1	Professional Skills Training: Emotional Development III	FC	CPC	1	0	2	0	0	78	E	4									
2	Medical Semiology and Human Pathology III	CC	CPC	1	0	1	0	0	92	E	4									
3	Active Music Therapy III	SC	CPC	0	0	1	0	0	136	V	5									
4	Ethics and Academic Integrity III	CC	CPC	1	0	1	0	0	92	V	4									
5	Digital Technologies in Music Teaching Design III	SC	CPC	1	1	0	0	0	122	V	5									
6	Critical Mapping of Specialised Literature in Music Therapy IV	SC	CPC									0	0	0	0	0	244	4	V	10
7	Neurologic Music Therapy Workshop IV	FC	CPC									0	0	0	0	0	122	2	V	5
8	Specialised Practice IV	SC	CPC									0	0	0	0	4	94	0	V	5
9	Research and Documentation for the Dissertation IV	SC	CPC									0	0	0	0	0	244	4	P	10
Total				4	1	5	0	0	520	E: 2, C: 0, V: 3	22	0	0	0	0	4	704	**10**	E: , C: , V: **3**	30
Total Teaching Hours per Week				10										14						

No.	Courses by criterion: **Elective**	C_1**	C_2**	Semester I								Semester II								
				C	S	L	P	Pr	SI	V	Cr	C	S	L	P	Pr	SI	V		Cr
1	Musical Improvisation in Therapeutic Practice III	SC	ELC	0	0	2	0	0	92	E	4									
1	Dance Therapy III	SC	ELC	0	0	2	0	0	92	E	4									
2	Research Methods in Music III	SC	ELC	1	1	0	0	0	92	V	4									
2	Individuals with Exceptional Musical Abilities III	SC	ELC	1	1	0	0	0	92	V	4									
Total				2	2	0	0	0	184	E: 1, C: 0, V: 1	8	0	0	0	0	0	0	E: 0, C: 0, V: 0		0
Total Teaching Hours per Week				4								0								

No.	Courses by criterion: **Optional Supplementary**	C_1^{**}	C_2^{**}	**Semester I**								**Semester II**							
				C	**S**	**L**	**P**	**Pr**	**SI**	**V**	**Cr**	**C**	**S**	**L**	**P**	**Pr**	**SI**	**V**	**Cr**
1	Vocal Studies: Classical Voice / Jazz and Popular Music / Traditional Singing III	CC	OSC	0	0	1	0	0	46	V	2								
2	Chosen Instrument III	CC	OSC	0	0	1	0	0	46	V	2								
3	Ensemble: Popular Music / Traditional Music III	CC	OSC	0	0	1	0	0	46	V	2								
4	Vocal Studies: Classical Voice / Jazz and Popular Music / Traditional Singing IV	CC	OSC									0	0	1	0	0	46	V	2
5	Ensemble: Popular Music / Traditional Music IV	CC	OSC									0	0	1	0	0	46	V	2
6	Chosen Instrument IV	CC	OSC									0	0	1	0	0	46	V	2
Total				0	0	3	0	0	138	**E** / **C** / **V**: 0 / 0 / 3	6	0	0	3	0	0	138	**E** / **C** / **V**: 0 / 0 / 3	6
Total Teaching Hours per Week				3								3							

Legend:

C_1^* = *content criterion:* **FC** – Fundamental Courses **SC** – Specialisation Courses **CC** – Complementary Courses

C_2^{**} = *requirement criterion:* **CPC** – Compulsory Courses **ELC** – Elective Courses **OSC** – Optional Supplementary Courses

SI = *individual study hours*

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GENERAL SUMMARY I

No.	Courses	Year I	Year II	Total Hours	Total %
1	Compulsory	336	336	672	85.71
2	Elective	56	56	112	14.29
	Total	392	392	784	100
3	Optional Supplementary	84	84	168	

GENERAL SUMMARY II

No.	Courses	Year I	Year II	Total Hours	Total %
1	Fundamental Courses	154	70	224	28.57
2	Specialisation Courses	168	266	434	55.36
3	Complementary Courses	70	56	126	16.07
	Total	392	392	784	100

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